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## North Perth Community Connection Newsletter

"Fostering a Sense of Community through Quality Programs"



**MUNICIPALITY OF** 

DO YOU HAVE

A COMMUNITY

PROGRAM IDEA?

Calling all community members. Are you looking to offer a program within the Municipality of North Perth but not sure how to get started, reach out to the Programs Department to create a partnership! We are always looking for innovate program ideas with volunteers to help run programs.

#### PROGRAMS DEPARTMENT



programs@northperth.ca

www.northperth.ca





Are you looking for something to do this winter? Why not try our FREE Volunteer run recreation programs!

#### Adult Co-ed Rec. Indoor Soccer

Drop In 20yrs+ Thursdays 7pm-9pm Elma TP School

#### Women's Volleyball

Drop In 18+ Tuesdays 7-9pm St Mary's CS **Badminton** 

Drop-In 18yrs+ Tuesdays, 8-10pm LDSS Large Gym

**Pickleball** Drop-In 18yrs+ Wednesdays, 7-9pm Westfield School Gym

#### Cricket

Drop-In 18vrs+ Fridays 7:30-9:30pm LDSS Large Gym

#### **Board Games**

Drop-In 16+ Scheduled Sundays watch website for dates and times!

Want more information about our Recreation **Programs** @northperth.ca or visit our website www.northperth.ca

#### Skating Schedule 2

Recreation & Community Programs

Community Programs 4,5

6

Library Programs & Community Offerings

Senior Connection 7

EarlyON Programs

Are you new to the community or looking to find out what we have to offer? Are vou wanting to become more involved with this community? Be the First to know! Follow us on Facebook, Twitter, **Instagram and visit** our website! www.northperth.ca

#### Summer Registration Coming Soon!

The Municipality of North Perth has launched a new registration software. We encourage the public to create an online account for all your summer program and camp registrations. Use the link below to create your account!





https://app.univerusrec.com /northperthpub

### **JANUARY / FEBRUARY Days of Significance**

To foster community connections and inclusivity, the North Perth Diversity, Equity, and Inclusion Advisory Committee is highlighting days of significance throughout the year that are important to members of our diverse community

January 1: New Year's Day

January 1-31: Alzheimer's Awareness Month

January 4: World Braille Day

January 20: Martin Luther King Jr. Day

January 27: International Day of Commemoration in Memory of the Victims of the Holocaust

January 29: National Day of Remembrance of the Quebec City Mosque Attack and Action Against Islamophobia

January 29: Chinese/Lunar New Year/Spring Festival

February 1: World Hijab Day February 3: White Cane Week February: Black History Month February 14: Valentine's Day

February 20: World Day of Social Justice

February 26: Pink Shirt Day

February 28 - March 2: Tibetan New Year

An initiative of the DEI Advisory Committee If you would like to submit a date for consideration to be recognized please visit: www.northperth.ca/DEI















Disclaimer: North Perth strives to provide you with the most current and accurate information. The information in this newsletter is current as of the print date Friday December 13, 2024. All programs and events are subject to change or cancellation. Please visit our website at www.northperth.ca for updates.

## North Perth Skating

Steve Kerr Memorial Complex:

**LISTOWEL** 

965 Binning St W Listowel 519-291-4875

**Elma Logan Recreation Complex:** 

**MONKTON** 

200 Nelson St. Monkton 519-347-2650

**Wallace Community Centre:** 

**KURTZVILLE** 

6670 Perth Line 88, Kurtzville 519-291-2976

#### **Free Parent Tot Skate**

**Steve Kerr Memorial Complex:** 

Tuesdays and Thursdays 10am-12pm

Elma Logan Recreation Complex:

Mondays and Wednesdays 10am-12pm

#### Free Senior Skate

**Steve Kerr Memorial Complex:** 

Tuesdays 12pm-1pm

Elma Logan Recreation Complex:

Mondays and Wednesdays 12pm-1pm

If you would like to sponsor a Public Skating date email programs@northperth.ca

#### Free Senior Stick and Puck

**Steve Kerr Memorial Complex:** 

Fridays 11am-12:00pm

\*Note: No Parent & Tot or Senior Skates/Stick & Puck on Statutory Holidays or other scheduled events. Schedule is subject to change. Please see calendar on our website www.northperth.ca

## **Public Skating**

SKMC 12:00-1:20pm

Jan 2 - Bostech Mechanical

Jan 3 - Atwood Lions Club

Jan 5 - Mornington Communication

Jan 12 - Trillium

Jan 19 - Royal Canadian Legion

Jan 26 - Open for Sponsorship

Feb 2 - Open for Sponsorship

Feb 9 - Open for Sponsorship

Feb 16 - Becky Beuerman -Orr Insurance

Feb 17 - Williams Drainage Inc.

Feb 23 - Open for Sponsorship

Individual Rate: \$5.00/ person Family Rate: \$15.00 \*Includes 2 Guardians and up to 5 children (under 3yrs is free). Cash ONLY

Free if the skate is sponsored! \*\*Schedule is subject to change\*\*

ELRC 12:00-1:20pm

Jan 2 - Monkton Lions

Jan 3 - Williams Drainage Inc.

Jan 5 - No Skating

Jan 12 - No Skating

Jan 19 - No Skating

Jan 26 - Williams Drainage Inc.

Feb 2 - iA Private Wealth

Feb 9 - Rayn Catcher

Feb 16 - Williams Drainage Inc.

Feb 17 - Jason's Garage Door Sales & Service LTD

Feb 23 - Knox Presbyterian Church

WCC 12:00-1:20pm

Jan 2 - Rayn Catcher

Jan 3 - Steve Ferguson Electric

Jan 5 - Open for Sponsorship

Jan 12 - Williams Drainage Inc.

Jan 19 - Jason's Garage Door Sales & Service LTD

Jan 26 - Open for Sponsorship

Feb 2 - Open for Sponsorship

Feb 9 - Williams Drainage Inc.

Feb 16 - Open for Sponsorship

Feb 17 - Rayn Catcher

Feb 23 - Open for Sponsorship

A BIG thank you to our past, current and future sponsors! We cannot thank you enough for your generosity! If you would like to sponsor a Public Skating date email Nicole Alexander at programs@northperth.ca



North Perth Recreation

### March Break Camp

March 10-14, 2025 **Location:** Listowel

For: Grade 1 - 12 years of age

Cost:\$200/person

Pre-registration and payment is required



For Grade

1-12

years of



Are you looking to give back to the community? Why not be a Teddy Bear Play Day Sponsor?

June 14, 2025

Contact the Programs
Department or EarlyON
programs@northperth.ca
earlyon@northperth.ca











Home Alone Safety for Kids January 31, 2025 9am-2pm March 12, 2025 9am-2pm

For Ages 9-11 yrs. **Cost** \$60/person

Atwood, Elma Memorial Community Centre



## Red Cross Babysitting Course March 13, 2025 9-3pm

For Ages 11-15 yrs.

Atwood, Elma Memorial Community Centre **Cost** \$65/person

**Must Preregister Online:** 

https://app.univerusrec.com/northperthpub



#### **Red Cross Standard**

#### **First Aid and CPR Courses**

**SFA CPR Recert** 

March 1, 2025 8:30-4:30

\$105.00/person

More Dates online!

**Must Preregister Online:** 

https://app.univerusrec.com/northperthpub



TUESDAY, MARCH 11TH, 2025

**TIME**: 10:00AM-3:00PM

**COST:** \$40.00

**LOCATION: NORTH PERTH WESTFIELD** 

**BIRTH YEAR DIVISIONS:** 

(GR.2/3), (GR.4/5), (GR.6/7)

**RULES AND REGULATION ONLINE** 

To register a team of four visit www.northperth.ca/register Deadline to register is March 4th, 2025

### 16YRS+ PADDYFEST PICKLEBALL TOURNAMENT

Feb 26th 6-9pm \$ 30/ Team

DOUBLES PICKLEBALL

TOURNAMENT AT WESTFIELD

SCHOOL

REGISTRATION NOW OPEN!!
DEADLINE TO REGISTER IS
FEBRUARY 19TH AT NOON

VISIT WWW.NORTHPERTH.CA/REGISTER

#### Listowel Fitness Bootcamp

\$10 Drop in fee

Mondays

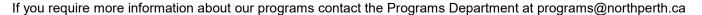
at SKMC in the Community Room

6:30 to 7:30pm

All are welcome!!

For more information contact

Sonya: littleark@hotmail.com



#### **Listowel Legion Events** - Everyone Welcome!

565 Elizabeth St E, Listowel, ON (519) 291-2650

Any questions about programs offered at the Listowel Legion please call the legion after 4pm.

Cards: All cards start at 7:30pm and will end by 10 pm to play cards costs of \$3.00 per person is required

Monday nights is Lost Heir

Tuesday nights is Pepper

Wednesday night is Euchre Everyone is welcome do not need to be a member and do not need a partner

Darts: You must have your own darts

Men's darts are Tuesday night and start at 7:30pm

Ladies' darts are Thursday night - 7:30pm

Meat Draw: Friday nights at 6 pm. Everyone welcome – tickets must be purchased to have a chance to win.

Catch the Ace: come out on Thursdays to try you luck and catching the Ace!

#### Other Events:

Family Day February 17<sup>th</sup> – Parkview Carnival 1-4pm





#### January 17, 2025 and February 21, 2025 At the Listowel Kin Station

The Listowel Kinsmen hosting Trivia & Taps Every 3rd Friday of the Month. Sharpen your pencils and wits for a trivia showdown! Bar and popcorn are available. Please register in advance on our website. www.listowelkinsmen.org

#### **Listowel Celebrates 150 Years**

The vibrant community of Listowel is gearing up for milestone celebrations to mark its 150th Anniver-

sary! Throughout 2025 activities and events will highlight our special theme of celebrating our 150th Anniversary, with the finale happening August 1-3, 2025. Residents and visitors alike are invited to join in a weekend of exciting activities, all under the theme "Listowel Flies Back in Time." This homecoming event will honor the town's rich history while embracing its bright future.

A mixed curling bonspiel will be held on Saturday, March 1, 2025 to celebrate the 150th Anniversary. You can register a team on the Listowel Curling Club website.

A dedicated team of volunteers has been working alongside local organizations, businesses, and community members to create a truly memorable celebration. The festivities will include the debut of the annual Hayloft Country Music Festival, a new summer tradition brought to life by Spottydawg Productions, launching Saturday evening at the Steve Kerr Arena Complex grounds.

The celebration will feature a wide range of activities for all ages, from social engagements like the LDSS highschool reunion to a parade, children's events in the parks, celebrity photo opportunities, and both a teen and senior's dance. Sports enthusiasts can look forward to baseball and golf tournaments, while residents and businesses are encouraged to decorate their properties to showcase their hometown pride.

To keep everyone informed, a dedicated website, Listowel150.ca, has been launched. Visitors can find the event schedule, purchase commemorative clothing, and stay updated on announcements. Updates will also be shared on the event's official Facebook and Instagram pages. For inquiries, the organizing committee can be reached at ListowelHomecoming@gmail.com.

The organizing committee extends heartfelt thanks to local businesses, sponsors, and of course all the local organizations whose generous contributions and support are making this event possible.



#### **Project Lifesaver**

Project Lifesaver helps families to protect members who may become lost. These individuals can be equipped with a one-ounce wrist transmitter that sends a radio signal that can be tracked up to a 2 kilometre radius. The system, which is a partnership between the Perth County Ontario Provincial Police and Victim Services Huron Perth.

When notified by caregivers that an individual is missing, specially trained police officers use the mobile tracking equipment to find them. For more information, contact: Victim Services Huron Perth

info@victimserviceshuronperth.ca www.victimserviceshuronperth.ca

#### **STAY AWAY FROM ICE!**

Perth OPP want to remind everyone (especially children) to avoid walking on or playing near frozen or partially frozen bodies of water. Animals can easily fall through ice, which can cause extremely dangerous conditions. Please keep dogs on a leash when walking near ice to avoid potential hazards.



**OPP Non emergency Number** 1-888-310-1122

LOCATIONS

ACCESSING OUR SERVICES

226-766-0510

519-291-4511

519-870-9034



580 Main Street West Listowel, Business Hours Monday to Friday 9:00am to 4:00pm Phone: 519-291-1551 Email: info@npchamber.com The North Perth Chamber of Commerce

would like to Welcome you with a package to help you adjust to your new surroundings. Stop in today at the North Perth

Chamber office!!

#### 15th Annual Mid Winter Steak Stag Night

The Atwood Lions 15th Annual Mid Winter Steak Stag Night is January 25th at the Elma Memorial Community Centre. Doors open at 6:30pm. Enjoy a delicious steak dinner, a chance to win a door prize, and bid on some great auction items provided by incredible local businesses. Contact a Lions member to purchase a ticket while supplies

You can also contact us on Facebook or email atwoodlions@gmail.com

## **Annual Teddy Bear Toss**

Sunday, January 5th, 2024 Puck drops at 1:30

Listowel Cyclones vs.
Stratford Warriors

~Kindly tuck your Teddy Bear in a plastic bag to protect both the teddy bear and the ice.



# unattached Care

### clinic

For Huron Perth and Area residents without a family doctor or nurse practitioner. This is not a walk-in clinic—appointments are required.

#### We provide:

- Treatment for acute illnesses and ongoing health management.
- Mental health navigation and support.
- Preventive care such as cancer screenings, vaccinations, and wellness advice.

For emergency medical care please call 911 or go to your nearest emergency department

For more info, visit hpaoht.ca/ucc. To book, call your nearest clinic. We're here to ensure everyone gets the

sure seamless care and c



Maitland Valley
Family Health Te













## Coming events!!



#### FAMILY SNOW SCULPTURE DAY

Saturday, January 18 - 1-4pm Kin Station

#### **COMMUNITY CLOTHING DRIVE AND BOUTIQUE**

Saturday, February 15 - 1-4pm North Perth Westfield ES

#### **PADDYFEST EVENTS**

Cornhole

Monday, March 10 - 1-4pm Kin Station

#### Dodgeball

Tuesday, March 11 - 7-930pm North Perth Westfield ES

#### KIN CARES CARNIVAL

Saturday, April 26 - 4-7pm Kin Station



## LIBRARY CORNER

Register in person, by phone, or online: www.nppl.ca

#### FREE DATABASES

An exciting new addition, just for you!

We've got the book lovers, magazine readers, language learners, history seekers, and curious teens covered, and now we are adding The New York Times Athletic to cover sports fanatics too! No cost and easy to use. Check it out!

Explore here: www.nppl.ca/databases

#### **BRAND NEW PROGRAMS**

Build your own escape room, join a reading party, listen to a motivational speaker, practice your English, and so much more!

We have expanded our offerings of programs while still keeping our crowd favourites like Play & Read, Slow Stitchers, and Community Crafts.

Check out all that's being offered on our website!

#### ANNUAL REPORT

We already knew and felt that this year was awesome, but our numbers reflected that!

Have you seen our Annual Report for 2024 yet?

Head to our website or socials to get the full scoop.

Atwood 218A Main St. / 519-356-2455 Listowel 260 Main St. W. / 519-291-4621

Monkton 200 Nelson St. / 519-347-2703

PEND

Mon 12-5 Tues 3-8 Thurs 11-2 Sat 1-3

Mon 10-8 Tues 10-8 Wed 10-8 Thurs 10-8 Fri 10-5 Sat 10-3 Tues 11-2 Wed 3-8 Thurs 3-8 Sat 10-2

#### **ABOUT 9-8-8: Suicide Crisis Helpline**

9-8-8 is a new national helpline for anyone across Canada who is thinking about suicide, or who is worried about someone they know. Call or text 9-8-8 toll-free, anytime for support in English and French. 9-8-8 responders are here to listen and provide help without judgement. Led and coordinated by the Centre for Addiction and Mental Health and funded by the Government of Canada, 9-8-8 is made up of a growing network of nearly 40 experienced local, provincial and territorial, and national crisis lines across the country. https://www.camh.ca/en/camh-news-and-stories/canada-988-suicide-crisis-helpline-launches-today

## Do you Have a Colostomy, Ileostomy or Urostomy or Internal Pouch?

You local support group meets every first
Tuesday of the Month. They are here to help
learn to live your life to the fullest!
Contact: Janet Heinbuch 519-273-4327
jpheibuch@outlook.com



## North Perth Sports for Kids Fund This fund provides financial aid to families with financial need or extenuating circum-

**stances.** If you require financial aid, please complete the form North Perth Sports for Kids Fund and email it to gwyneth.woods@salvationarmy.ca.

If you are able to donate to the fund to help support kids in sport please follow this link.

https://spccf.ca/north-perth-sports-for-kids-fund/

## Attention to all ladies who like to sing!

The North Perth Singers are looking for new members.

We rehearse on Mondays at 2:00pm at the

Maitland Terrace(555 Elm Ave N)

Perhamsals are only 1br long followed by a social time.

Rehearsals are only 1hr long followed by a social time.

If you are interested please join us any Monday!

For more information please call Carol Jones 519-418-0788

Home of Community Connection Newsletter at www.northperth.ca

## Senior Connection



What kinds of memory changes should I expect as I grow older? What changes are normal and which ones are not? Can I improve my memory? Find answers at this 4-week course!

#### Virtual Program hosted over Zoom

Thursday, January 23 9:30 - 11:30 am Thursday, January 30 9:30 - 11:30 am Thursday, February 6 9:30 - 11:30 am Thursday, February 13 9:30 - 11:30 am





There is a lot of to take this again and definitely recommend it to EVERYONE! 99

\$25 Workbook Fee. Registration required. Group size limited. To register contact Jeanette at 1-800-561-5012 or email: jeanettes@alzhp.ca

## Alzheimer Society

HURON PERTH

## Talk with the Doc!

Dr. Alexandrea Peel, Geriatrician

**Planning Ahead for Medical Decisions** 

> JOIN ONLINE 1:30 PM WEDNESDAY **JANUARY 22**

ZOOM PRESENTATION 1:30 - 2:30 PM QUESTIONS & ANSWERS 2:30 - 3:00 PM

Register at <a href="https://bit.ly/Doc-Talk2025">https://bit.ly/Doc-Talk2025</a>

Ouestions: 519-271-1910 or 519-482-1482 Forward any questions to christyb@alzhp.ca

#### Alzheimer Society HURON PERTH

#### EDUCATION HOUR

Join our Public Education Coordinators for one-hour <u>virtual</u> presentations on brain health, cognitive changes and dementia.

## Wednesday, January 8 10:00 AM

Your Journey
of Support Starts Here!

Wednesday, Jan 15 <u>1:30 P.M.</u> Wednesday, Jan 15 <u>7:00 P.M.</u> Dementia Overview

Monday, Jan 20 <u>7:00 P.M.</u> Tuesday, Jan 21 <u>1:30 PM</u> 10 Warning Signs

Monday, Jan 27 7:00 P.M Tuesday, January 28 1:30 P.M.
Types of Dementia Monday, Feb 3 <u>7:00 P.M.</u> Tuesday, Feb 4 <u>1:30 P.M.</u> Brain Changes: 8 A's

Wednesday, February 5 10:00 A.M. Your Journey of Support Starts Here!

Monday, Feb 10 <u>7:00 P.M.</u> Tuesday, Feb 11 <u>1:30 P.M.</u> Communication Tips

Tuesday, February 18 1:30 P.M. What is M.C.I.?

Self-Register: bit.ly/ASHPEducationHour www.alzheimer.ca/huronperth Questions: 519-482-1482 or 519-271-1910

## North Perth Seniors

January 30th - The Weber's 3

February 6th - Country Versatiles

13th - Dusty Boots (Valentines)

20th - Johnny Borton

27th - U-Turn

The next dance will be on January 30th (due to agricultural hall floor refinishing).

Regular program every Thursday afternoon from 2pm - 4pm At the Listowel Agricultural Hall Live music, refreshments, door prizes, spot dances and 50/50

Admission \$ 5.00 Water, pop, non alcoholic beer and wine as well as an assortment of chips may be purchased for a small fee.

If you would like to become a member contact Keith Damen: 226-622-4882

Everyone welcome to attend!

Follow us on Facebook! @northperthpeniors!

## Lonely No More

## JAM SESSION

JOIN US FRIDAYS @ 3:30 PM

Share your musical talents or come to listen!

Dial 519 292 6862 to learn more about this online event. Video and Phone In Options Are Available.



Get access to information on grief, while focusing on wellness & connection

MORE INFORMATION TO COME 519-291-5898 OPT. 4

## North Perth EarlyON Child & Family Centre



Office Phone (519) 291-6626 Cell Phone (519) 444-8965
Email: earlyon@northperth.ca
Facebook & Instagram: North Perth EarlyON Child & Family Centre

Ontario 🕅

#### **EarlyON Playroom Locations**

#### **North Perth EarlyON: BINNING**

955 Binning St. West Listowel ON (Shared entrance with North Perth Spinrite Child and Family Centre)

#### **North Perth EarlyON: TREMAINE**

1209 Tremaine Ave. Listowel ON. (Far left entrance of St. Mary's Child and Family Centre.)

#### **North Perth EarlyON: MONKTON**

200 Nelson St. Monkton ON. (Located in the same building as to the Library, Monkton Childcare, and Arena)

#### January

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
No Programs January 1 - 4. 2025					
PLAY & LEARN 9:30-11:30am EarlyON Playroom: Binning  Register for a program at	PLAY & LEARN 9:30-11:30am Salvation Army Church	PLAY & LEARN 9:30 -11:30am EarlyON Playroom: Binning  INFANT PROGRAM Jan 15 - Feb 12 10-11:30am EarlyON Playroom: Tremaine *Registration Required*	Jan 9 BABY TIME 9:30-11:30am EarlyON Playroom: Tremaine  Jan 16 - 30 Infant Massage Jan 16 - Feb 12 (5 week Session Infants 0-12 months) 9:30-10:30am *Registration Required* BABY TIME 10:30-11:30am (Drop-in Free Play)	PLAY & LEARN 9:30-11:30am EarlyON Play- room: Tremaine  PLAY & READ 10:30-11:15am Listowel Public Library	Jan 11, 18 & 25 PLAY & LEARN 9:30-11:30 am EarlyON Playroom: Monkton
www.keyon.ca		PLAY & MOVE 6-7pm Steve Kerr Memori- al Complex	PLAY & LEARN 10-11:30am Elma Memorial Community Centre		Programs proudly operated by  MUNICIPALITY OF NORTH Perth

#### **February**

